

SLEEP TIGHT

Protac Ball Blanket®

Protac SenSack®

Protac® BallBase

Different
models of
the blanket for
individual
needs

Alleviates sleeping disturbances
and improves the general quality of life



Protac Ball Blanket®



Protac® BallBase – a sensory-stimulating mattress pad with balls

PROTAC®
INTEGRATING SENSES

About the Protac Ball Blanket®

The Protac Ball Blanket® is a helping aid to alleviate sensory and sleeping disturbances for both children, teenagers, adults, and elderly people. It has been developed from the principles of sensory integration and occupational therapy and the calming effect has been scientifically documented.

The specially designed balls are essential for the calming effect of the blankets. The balls in the different blankets have different sizes, weight, and individual ways of stimulating the senses of the user. When the user moves under the blanket, the pressure from the balls varies and gives a new sensory input to the brain. This strengthens the body perception of the user and has a calming effect on body and mind.

Choosing the right model of the Protac Ball Blanket® depends on the individual needs and sensory system of the user. The decision is not related to age or body weight. Mental and physical well-being and good sleep is very personal and the best way to find the right blanket is through individual counselling and testing of blankets.

Several research projects prove that sleeping with the Protac Ball Blanket® can both reduce the sleep onset latency, reduce nightly awakenings, and give a deep and undisturbed sleep. A good night's sleep improves the daily level of functioning and the quality of life. Protac Ball Blanket® has a CE-registration as a Medical Device, Class I.



Ball size 50 mm

Protac Ball Blanket® Flexible

The Protac-balls are divided into compartments where the balls can move and provide a dynamic sensory stimulation. This model is suitable for sensory seeking persons who need varying sensory input to sense themselves and find peace of mind.



Ball size 38 mm

Protac Ball Blanket® Calm

The Protac-balls are placed in channels. This provides a predictable, calming and uniform sensory stimulation, and the blanket closes it-self nicely around the user. The Calm-blanket is especially suitable for people who need deep touch pressure but are also sensitive or stressed by light touching.



Ball size 50 mm

Protac Ball Blanket® Combi

This blanket contains both balls and polypropylene granulate – also divided into compartments to give an even stimulation over the body. This blanket is suitable for people who need varying sensory input and extra softness and comfort from the thermal lining.



Ball size 15 mm

Protac Ball Blanket® Granulate

The filling in Protac Ball Blanket® Granulate is divided into compartments, allowing it to be equally distributed in the whole blanket. In this way, the filling closely surrounds the body and has an enveloping effect. This blanket is suitable for people who need a mild and caring sensory stimulation and who suffer from e.g. dementia or chronic pain.

Sensory stimulating alternatives to the Protac Ball Blanket®

NEW

Protac® BallBase – mattress pad

Protac® BallBase is a sensory-stimulating mattress pad with integrated balls giving the user calming sensory-stimulation from the mattress pad during rest and sleep. In this way, Protac® BallBase is discrete to use in ordinary beds and in hospital beds and can be used by both children, teenagers, adults and elderly people.

Users with a strong need for sensory-stimulation can have a good effect of combining Protac® BallBase with the Protac Ball Blanket®.

Protac SenSack® – sleeping bag

Protac SenSack® is a sensory-stimulating sleeping bag with 25 mm balls in the upper part.

Protac Sensack® wriggles smoothly around the body and contributes to comfort and rest for the user. Children, teenagers, adults, and elderly can benefit from using Protac Sensack®. The physical demarcation in the sleeping bag can also provide strengthened support for users who suffer from anxiety.

The sleeping bag is primarily for sleeping, but it can also be used for a sensory stimulating break during the day - and the sleeping bag is easy to bring along.

Better sleep –
better well-being



The importance of good sleep

Sleep is essential for everybody to feel good, be healthy and do what we want in our everyday lives. Unfortunately, many people with a sensory disturbance can have trouble feeling calm and falling asleep.

The explanation is that the brain misses input from muscles and joints when we lie still. That's why, we instinctively twist and turn in bed to have new input. This physical unrest prevents us from falling asleep and causes many nightly awakenings. This unrest can be alleviated by using the Protac Ball Blanket® that gives deep and dynamic touch pressures and stimulates muscles and joints and providing comfort and mental calmness for the user without moving.

Profound sleeping during the night, improves the quality of life and gives energy to cope with the everyday tasks

Sensory stimulating helping aids from Protac

All helping aids from Protac contain sensory-stimulating balls. Their dynamic and deep touch pressure stimulate the muscle-and-joint sense and the sense of touch - that strengthens the body awareness and has a calming effect on body and mind.

Protac Ball Blanket®

Choosing the right model of the Protac Ball Blanket® depends on the sensory system, specific challenges and/or individual preferences of the user.

Protac SenSack®

A sensory-stimulating sleeping bag with balls in the upper part, providing a safe and clear demarcation of the body and is easy to bring along.

Protac® BallBase

A sensory-stimulating mattress pad with balls to stimulate the whole body discretely while sleeping or resting.

Protac SenSit®

A sensory-stimulating chair with balls in the seat, in the back and in the unique "wings" designed to embrace the user providing a sense of calmness and relaxation.

Protac SenSit® Frame

A frame with handles and an inclined bottom giving the Protac SenSit® chair several user-friendly features.

Protac MyFit®

A sensory-stimulating ball vest that can be used during activities to help the user stay calm and focused.

Protac SensOn®

A sensory-stimulating collar that embraces the neck, shoulders, and chest. The collar is discrete and comfortable to wear, and can relieve anxiety and strengthen concentration.

Protac SensCircle®

A shapeable and flexible nine-section pillow. The pillow can be shaped and wrapped in any number of ways for activity, relaxation or rest.

Protac GroundMe®

A sensory-stimulating cushion for seating or for resting the feet providing increased focus and concentration for the user.

Protac Ball Cushion®

The ball cushion can be strapped on many different chairs and is often used in kindergardens and in schools to help children focus and concentrate.

Protac KneadMe®

A knee blanket with sensory-stimulating balls that can be used to make ADL activities and personal care situations more comfortable.

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